



• The University of the South Pacific
P O Box U12, Laucala Campus,
Suva, Fiji
Ph: (679) 323 2663

Schedule and Programme

Teaching Hours:

Morning Session: 5 days in a week

Monday – Friday: 8:00am – 11:00am

Afternoon Session: 5 days in a week

Monday - Friday: 12.00pm – 3pm

The Programme:

Our programme aims to promote the development of the whole child through the incorporation of a child-centred program that caters for the development of the individual child and builds on already acquired skills while promoting areas of need. The preschool welcomes input from parents in its educational planning

Play:

Play is considered a tool for children's learning. Children make sense of the world in which they live, about themselves, their surroundings and how all these are interrelated through play. Play assists in cultivating and refining all areas of development. The centre prides itself in its diversity. The enrolment comprises of many Pacific cultural groups as well as children with special needs. The Centre is licensed by the Fiji Ministry of Education. Education staff aim to promote the development of the whole child by fostering:

- **Large & small muscle development** - Strength, coordination, balance, speed, control, endurance, agility through outdoor and indoor free play activities
- **Emotional development** - Ability to feel secure and have confidence to make choices, actively participate in group activities and enjoy a positive sense of well-being.



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- **Social skills** - Sharing, cooperation, turn-takings, positive interactions with peers and adults.
- **Cognitive skills** - Through play, hands on experiences by using their 5 senses, to promote creativity and curiosity by providing challenges and experiences that foster an inquiring mind.
- **Language skills** - Through music, role play, dance, rhyme, stories, listening, reading, writing, recognition, memory and vocabulary.

Literacy and Numeracy

Literacy and numeracy are essential life skills and children need that opportunities to use them and to see it being used in real life situation. Without literacy and numeracy children may develop a lack of confidence in their ability to succeed.

Literacy basically refers to reading and writing skills. While early literacy skills start developing in primary years we at USP Educare endeavor to assist in the development of these skills which may include letter knowledge, print awareness, phonological awareness and some writing skills.

Promoting early competencies in numeracy is important as it enhances children's mathematical readiness at school entry and beyond. Thus we support the children to acquire the ability to count, name numbers and make distinction between different quantities by providing opportunities to freely explore and practice their abilities in a range of unstructured activities. Teachers plan learning experiences that are enjoyable and developmentally appropriate so that children are engaged in the activities.