SAFE WORK PROCEDURE

USE OF “A” FRAME LADDER

Mandatory Safety Equipment and Signage

DANGER: Men Working above Sign to be placed before entrance points to the site where ladder is erected

Hard Hat must be worn by person on ladder and anyone beneath ladder

Safety Cones & Bollards must be placed as safety barriers around base of the ladder

Safety Glasses must be worn at All Times by those in this work area

Safety Shoes Must Be Worn in This Area

MANDATORY PRE OPERATIONAL SAFETY CHECKS

☑ Ensure ladder is placed on even and non-slippery surface
☑ Ensure Ladder is fully opened to allow Spreaders to be locked in place to secure ladder firmly in place.
☑ Ensure ladder Rungs, side rails, cleats and ladder Rubber Grips is intact and undamaged

● If any of the above features of this ladder is defective, this ladder is UNSAFE and should not be used remove it and tag it UNSAFE DO NOT USE, inform supervisor immediately.

SAFE WORK PROCEDURE

☑ Ensure 2 persons at all times conduct work using this ladder, this ladder must not be used by a single person

☑ When climbing or descending the ladder, always face the ladder and use both hands to grip onto side rails

☑ When carrying tools or equipment use a tool belt or hoist bucket to carry tools and equipment whilst on the ladder, never carry these whilst working.

☑ Always keep the last 2 steps at the top clear, do not step off them or seat at the top most rung

● Never use this ladder as an extension ladder by opening both ends, this will damage the ladder and can result in serious injury to the user.

For further enquiries & safety Information send email to ohs@usp.ac.fj

Reference: AS 1657 Fixed Platforms, Walkways, Stairways and Ladders; Design Construction & Installation